

A Few Things Before We Meet

A little visual context helps me prepare more thoughtful, specific notes for your consultation. You do not need to organize your entire wardrobe or prepare anything perfectly. Quick phone photos are more than enough.

Please send your consultation snapshot at least 72 hours before our scheduled session, where possible. That gives me enough time to review it properly, prepare notes, and come into the conversation already familiar with your wardrobe.

Your quick wardrobe snapshot

1. Your everyday outfit	One full-length photo of a typical outfit you actually wear in everyday life.
2. An outfit you feel great in	One full-length photo of an outfit that feels especially like you or consistently makes you feel confident.
3. An outfit that is not quite working	One full-length photo of an outfit you want help understanding or improving.
4. Your main wardrobe area	One quick photo of your closet, clothing rack, dresser, or the area where most of your clothes live. You do not need to photograph everything individually.
5. Your most-worn shoes	One photo showing the shoes you reach for most often.
6. Your fragrance collection, if scent is part of your consultation	One photo of your fragrance shelf or current bottles. A simple shelf photo is enough.

A few notes

- Mirror photos are completely fine.
- The photos do not need to be recent professional images.
- You do not need to clean, organize, or style your wardrobe before photographing it.
- The goal is context, not presentation.

Optional, If Helpful

If you already have any of the following, feel free to send them too. None of these are required for the consultation.

- **3-5 inspiration images** showing outfits, people, designers, films, musicians, or general aesthetics you are drawn to.
- **Pieces you are considering buying** and would like an opinion on.
- **Extra outfit photos** if there is something specific you want us to discuss.
- **Measurements or sizing information** you already know.
- **A fragrance list** if individual bottle names are easier to send than a photo.

What happens after you send it

I will review the snapshot before our session and use it to prepare notes, questions, and areas I want to look at more closely. The consultation itself is where we will do the deeper work together. You are not expected to diagnose your own wardrobe beforehand.

1	Send the snapshot At least 72 hours before the consultation, where possible.
2	I review it I prepare notes and identify the areas most worth discussing.
3	We meet We work through style, fit, wardrobe priorities, scent, or whatever your consultation is focused on.
4	You receive direction Recommendations and next steps are based on the consultation, not on how much prep you completed.

If you do not have everything, send what you can. A few honest, everyday photos are much more useful than a perfectly curated presentation.